

***Getting Ahead in a Just Getting' – By World***  
**Post-Workbook Participant Evaluation and Stages of Change Assessment**

Out of 51 investigators, 36 (71%) responded to the evaluation immediately following the classes.

**ATTITUDE TOWARD THE FACILITATOR(S)**

1. Had a helpful approach and style

Strongly disagree.....1.....2.....3.....4.....5.....6.....7.....Strongly agree

**Response percentages:**

**5 – 12%      6 – 17%      7 – 71%**

2. Provided a high-quality experience.

Strongly disagree.....1.....2.....3.....4.....5.....6.....7.....Strongly agree.

**Response Percentages:**

**5 – 11%      6 – 11.5 %      7 – 77%**

3. Treated people with respect.

Strongly disagree.....1.....2.....3.....4.....5.....6.....7.....strongly agree.

**Response Percentages:**

**7 – 89%**

**ATTITUDE TOWARD THE WORKBOOK**

4. Did not change my thinking.....1.....2.....3.....4.....5.....6.....7 Did change my thinking

**5 – 13.5%      6 – 20%      7 – 51%**

5. Not useful.....1.....2.....3.....4.....5.....6.....7.....Very useful

**5 – 9%      6 – 22%      7 – 61.5%**

6. Not believable.....1.....2.....3.....4.....5.....6.....7

5 – 9%      6 – 37.5%      61.5%

### USE OF INFORMATION

7. How likely is it that you will use the plans you made in your decision making?  
Unlikely.....1.....2.....3.....Likely

2 – 11%      3 – 78.5%

8. Where are you in the stages of change? (Circle one and explain your answer.)

Pre-contemplation      Contemplation      Preparation      Action      Maintenance

Contemplation – 15%      Preparation – 49%      Action – 36%

9. What was most helpful thing about the workbook experience?

- ❖ Six people – Self Assessment of Resources
- ❖ Eight people – Hidden Rules of Class
- ❖ The graphs that show how much you spend in a month on rent and how much of your income you should be spending.
- ❖ Two people – could not have attended without transportation and money incentive.
- ❖ The workbook presented opportunities for group discussion through which greater insight others do. Personal perspective on poverty was brought to bear.
- ❖ I believe any effort to help disentangle ourselves from the stigma of poverty is in itself helpful.
- ❖ Getting knowledge from a good quality educator, know the materials they are teaching.
- ❖ Group Participation
- ❖ Mental Models
- ❖ Everything was helpful, got a lot of information from this experience
- ❖ Learning to ask agencies what they all offer that I may be eligible for.
- ❖ The workbook and discussion about helping our children
- ❖ People haring and giving about their lives.
- ❖ Financial support system
- ❖ Discussions, brainstorming and activities
- ❖ Meeting other people, working as a group not as one.
- ❖ I learned how to make a “to do” list.
- ❖ It helped me to step back and look at my life and the way it is heading
- ❖ The way I looked at my life helped me look at it easier
- ❖ It showed me the big picture
- ❖ Learning stages of change

- ❖ It was very fun and helping
- ❖ I'm getting ready for college
- ❖ Discussions
- ❖ The person teaching along with the workbook
- ❖ Teacher explaining
- ❖ Helped me realize my goals

10. Least helpful

- ❖ Fifteen people indicated that there was nothing specific they could think of.
- ❖ Everything was so helpful, a real eye opener
- ❖ Having to read about rich people and how they think
- ❖ Personal plans due personal complications
- ❖ Expecting change so soon
- ❖ Having lots to eat ( I gained weight)
- ❖ How to open the book – just kidding (nothing)
- ❖ I think we should have this course more aimed at “us” (Menominee’s), culture sensitive.
- ❖ Not enough class time in a week
- ❖ More class time during the week
- ❖ Not enough classes in a week

Comments:

- ❖ Great workshop
- ❖ This class will help out people, but only those that want to learn and not only in it for the pay check
- ❖ Great experience, had fun and learned a lot
- ❖ Loved the program
- ❖ The culture difference is what I am trying to understand. Economic stability or greed!
- ❖ I believe young students would benefit a lot from this course
- ❖ I enjoyed the program, I learned lots and it will help me move out of poverty
- ❖ Thanks for everything
- ❖ Very good job Donna
- ❖ Donna is a good facilitator
- ❖ Thanx a lot!